



Student Newsletter – 15 October 2025

Dear Students,

Dear Parents,

The *Student Newsletter* regularly contains **important** information related to school life.

This edition covers:

- Looking back on this first month
- Life at Mosa
- Upcoming events
- School calendar

1. LOOKING BACK ON THIS FIRST MONTH

It has already been over a month since the school year began, and we would like to take a moment to say **well done**. Starting at a new school – or returning to one – is never easy: changes in routine, new habits, sometimes a new environment, a different language... But you are doing **remarkably well!**

We see your efforts, your commitment and your passion every day. Progress is already visible, both in dance and in everyday life at school. We encourage you to continue on this path.

Please know that **all our teams** – teaching, artistic, administrative and school life – are here **to accompany you, listen to you and support** you and your families throughout this wonderful adventure.

Keep believing in yourselves, persevere and enjoy your learning: every step counts, both on and off stage.

At the same time, life at our school is based on **trust, respect** and **cooperation** ensure everyone. The rules that have been established are not there to constrain, but to guarantee a peaceful and fair environment for all – students, families and staff alike. **Respecting these rules** is an act of kindness towards the whole community: it allows everyone to work in peace and contributes to **the school's balance**.

Conversely, any circumvention or deviation, however minor, can undermine the organisation, disrupt the work of the teams and, ultimately, impact the quality of the support offered to the students.

Thank you to everyone for your attention, commitment and participation in this collective effort.

2. LIFE AT MOSA

Balance between dance and education

We would like to remind you of a fundamental rule at our school: when a student is ill and unable to attend classes at Liège 1 or online, they must also rest in the afternoon and cannot participate in dance classes. This rule is important from a well-being perspective and to maintain a balance between school education and dance practice. We count on our students to respect this rule.



Self-care

We encourage you to have a blood test once or twice a year to check for any deficiencies (iron, vitamins, etc.). These simple checks can help prevent fatigue, boost your energy levels and keep you healthy throughout the year.

Please feel free to discuss this with your GP or the Mosa doctor – it is an important step for your well-being and for continuing to dance with pleasure and vitality.

Use of the studios

To enable our students to take full advantage of the school's facilities, the studios are available for their practice. To ensure optimal conditions, we ask everyone to turn off the lights after use and to lower the volume before switching off the amplifiers as high volume levels damage the speakers.

We remind you that eating is not permitted in the studios – please enjoy your snacks outside the door.

These small gestures help to m a high-quality environment for everyone.

Exit Pass

Exit Passes are an integral part of the school's smooth operation and safety. This tool plays an essential role on several levels and remains accessible via the Students Corner and Parents Corner.

1. Safety first:

For parents, it is important to know when their child is going out on the weekend. For the boarding school's educational team, it is equally essential to know exactly which students are present in the building, especially in the event of an emergency evacuation. *Exit Passes* enable us to provide reliable and responsive monitoring, thereby ensuring everyone's safety.

2. Organisation and balance in daily life:

This system also contributes to better logistical management, particularly when it comes to meal preparation. An *Exit Pass* that has not been filled in or has been forgotten can lead to wasted meals or, conversely, shortages for other students.

Respecting this process therefore means actively contributing to the collective well-being: it facilitates the work of the teams, preserves the balance of the organisation, and demonstrates a genuine commitment to school life.

If you have a problem logging into the Parents Corner or Students Corner, please send us a screenshot with the error message to students@mosaballetschool.eu so that our IT team can resolve it as quickly as possible.

Together, in a spirit of respect and kindness, we ensure the safety and harmony of our school community.

Life at the boarding school

Floor supervisors: **+32475292599**

Night watchmen: **+32470693296**

For any other non-urgent situations, you can contact the coordination team by email at students@mosaballetschool.eu.



3. UPCOMING EVENTS

Dance & Health Annual Symposium: Dancing in Our Shoes – Fostering *Inclusion and Belonging through Dance for Health*

Our Annual Symposium will take place on Friday 17 October. Every year, an international event is organised by the *Quand on Danse* team, which manages the school's social programme. This event, which brings together professionals around a specific theme, is particularly educational for our young dancers, who are given the opportunity to perceive the practice of dance in a different way. Dance in the service of disability, cancer, Parkinson's disease, ageing and much more.

This year's focus is on inclusion and a sense of belonging in dance for health. This event is an integral part of the MAINP and PROP students' curriculum and will be included in their schedule. More information is available on the Quand on Danse website!

Charleston masterclass with Yann-Alrick Mortreuil

The Quand on Danse program invites you to a Charleston masterclass with Yann-Alrick Mortreuil, professional dancer on the television program *Dancing with the Stars*. The session is open to all levels and will allow participants to practice dancing in a friendly atmosphere.

All proceeds from this masterclass will go towards supporting Quand on Danse's inclusive projects, which aim to make dance accessible to everyone. Yann-Alrick Mortreuil, who has a hearing impairment, is a perfect example of how dance can be practiced with determination and joy, regardless of the challenges faced.

Autumn Intensive Course and school holidays

Our *Autumn Intensive Course* will take place from Monday 20 October to Friday 24 October inclusive. This week of activities is **compulsory** and **free of charge** for students in dance levels 3, 4, 5, 6 and 7 only. The students concerned will receive the week's schedule as usual.

We recommend complete rest for students in levels 1 and 2, so that they can rest for the second part of the term and prepare for the *Winter Performance*.

Students in dance levels 1 and 2 are therefore on holiday from Friday 17 October after the Symposium and may leave the boarding school (if applicable) no later than Saturday 18 October at 12 noon.

Students participating in the Autumn Intensive Course will be released on Friday 24 October.

Please note that the boarding school will be closed **from 12:00 noon** on Saturday 25 October until **3:00 pm** on Sunday 2 November.

4. CALENDAR FOR THE 2025-2026 SCHOOL YEAR (SUBJECT TO CHANGE)

Date	Event
Friday, 17 October 2025	Annual <i>Symposium</i> : Dancing in Our Shoes.
Saturday, 18 October 2025	Primary school visit – Mandatory activity for boarding students on weekends and students at UNI – from level 4-7. Masterclass of Charleston with Yann-Alrick Mortreuil at 3.00pm.
Monday, 20 October to Friday, 31 October 2025	Autumn holidays for secondary school.



	Mandatory dance activities are organised for levels 3 to 7 from 20 October to 24 October inclusive. Boarding school closes at noon on Saturday, 25 October. Reopening of the boarding school on Sunday, 2, November at 3 p.m.
Wednesday, 5 November 2025	Liège International Comedy Film Festival – Flash Mob and Guard of Honour.
Tuesday, 11 November 2025	Armistice Day – Classes suspended in Liège 1.
Friday, 28 November 2025	Video recording in Brussels (selected concerned).
Sunday, 7 December 2025	Winter Performance at Wolubilis.
Monday, 15 December 2025	Rehearsal in Brussels (selected students).
Wednesday, 17 December 2025	Concert in Brussels (selected students).
Monday, 22 December 2025	Winter Performance at the Théâtre de Liège.
Tuesday, 23 December 2025	Winter Performance at the Théâtre de Liège.
Wednesday, 24 December to Tuesday, 6 January 2026	Winter holidays (classes suspended). Boarding school closes at noon on Wednesday, 24 December. Boarding reopening Tuesday 6 January 3.00pm.
Friday, 23 January 2026	Notte Morricone – Théâtre de Liège (details to follow).
From Monday 16 February to Friday 27 February 2026	Relaxation holidays for secondary school. Mandatory dance activities are organised for levels 3 to 7 from 16 February to 20 February 2026. The boarding school will close at noon on Saturday, 21 February.
Monday, 6 April 2026	Easter Monday - Classes suspended in Liège 1.
From Monday, 27 April to Friday, 8 May 2026	Spring break for secondary school. Mandatory dance activities are organised for levels 3 to 7 from Saturday 26 to Wednesday 29 April 2026.
Thursday, 14 May 2026	Ascension Thursday - Classes suspended in Liège 1.
Monday, 25 May 2026	Whit Monday - Classes suspended in Liège 1.
Friday, 3 July 2026	End of the school year and end of the year at Mosa.
Saturday, 4 July 2026	Annual Recital.